

# MINISTRY OF HEALTH Government of the Republic of Trinidad and Tobago

# CORPORATE COMMUNICATIONS UNIT

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#### MEDIA RELEASE

### FOR IMMEDIATE RELEASE

July 17<sup>th</sup>, 2014

## No Confirmed Fourth Case of the Chikungunya Virus in Trinidad and Tobago

Port-of-Spain, July 17, 2014: The Ministry of Health wishes to advise the public that as of July 16, 2014 there is no confirmed fourth case of the Chikungunya Virus in Trinidad and Tobago. Consultation with the Caribbean Public Health Agency (CARPHA) indicates that the suspected case that was being investigated was in fact negative.

The Ministry of Health continues to urge citizens to take steps that will prevent the infection of themselves and their loved ones.

- 1. Dispose of all unwanted containers/items in the yard or environs which may collect water and become mosquito breeding grounds.
- 2. Cover water containing containers such as barrels, drums or buckets with a mosquito proof covering.
- 3. Ensure that your drains and guttering allow the free flow of water.
- 4. Empty and scrub the sides of water vases or use dirt or sand instead to support flowers.
- 5. Cover extremities when out in the evenings.
- 6. Use bed nets that are tightly tucked under the mattress for protection at night.
- 7. Use insect repellant that contains DEET as an active ingredient.

# Signs and symptoms of Chikungunya:

- High fever (Over 39°C)
- Severe joint pain (Can become chronic in persons with pre-existing conditions)
- Headache
- Back Pain
- ❖ Muscle Pain
- Rash
- Conjunctivitis (Reddening of the eyes)
- Nausea and vomiting

Anyone showing a combination of these signs and symptoms should seek immediate medical treatment at the nearest Health Facility or visit a doctor.

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